

BEACH HAVEN COMMUNITY HOUSE - 09 483 9942

MON 1.30-2.30pm | **Community Eats.** provides assistance to locals in Birkdale and Beach Haven who need support with food. For more information, please call 09 4839942

10:00-12:00pm | **Mainly Water Colour.** Non-tutored art group. Get creative and make new connections. All welcome. \$3 per class.

TUES 12.30-2.30pm | **String Along - Ukulele.** A weekly ukulele jam session. Guitars also welcome. \$3 per person. Bring your instrument and join into this fun, friendly sing-along session. Music available.

7:00-9:00pm | **BBHandcrafters.** A group of locals who love to craft beautiful things by hand; crochet, embroidery, tapestry, cross stitch, knitting and more. \$3 per person

WED 9.30-10.30am | **MāmāFIT.** A fun and supportive training session for mums to get fit and connect. \$12 per person, no booking required. Led by Monique at AbleFIT Training - <https://ablefittraining.com>

10.30-11.30am | **Awahi Rito.** Join us for some waiata, activities and stories at our bilingual community playgroup. Meet other local caregivers and learn some te reo Māori at the same time! Email projects@birkdalebeachhaven.org.nz for more details.

17:30-9:30pm | **Friends of Shepherd's Park.** 4th Wednesday of the month. Open meeting to discuss use and preservation of Shepherds Park. Contact friendsofshepherdspark@gmail.com

10:00-12:00pm | **Hand Crafts and Creations.**
\$3 per person. Bring along your own work. Contact Ngaere 09 483 8339.

THUR 10:00-12:00pm | **Arts and Oils.**
\$3 per person. Bring along your own work. All welcome.

12.30-2.30pm | **String Along - Guitar.**
A weekly Guitar jam session. Ukulele etc are also welcome. \$3 per person. Bring your instrument and join into this fun, friendly sing-along session. Music available.

FRI 12:30-2:30pm | **Peggy Squares.**
1st and 3rd Friday of each month. Learn to knit or teach others; knitting for the Community.

If you would like to hire one of the houses for your next event visit
<https://www.spacetoco.com/host/birkdale-beach-haven-community>.

QR CODE



Birkdale Beach Haven
Community Project Inc
We Belong Here | Nō konei ake tātou

birkdalebeachhaven.org.nz | facebook.com/birkdalebeachhaven

BIRKDALE COMMUNITY HOUSE - 09 483 9149

9:30am | **Classical Pilates (Birkdale hall).** Dynamic, progressive and highly effective. Booking essential. Contact Kate Saynor for more info 021 027 04186

MON

11:00am-12:00pm | **Chair Yoga (Community House).** Chair yoga is a gentle form of yoga that can improve your flexibility, concentration and strength. Call Anu 022 329 9443

12.30-2.30pm | **Scrabble.** Just come along, all welcome. \$3 per person

TUES

11.00-1 pm | **Kōrero Māori Mai (Community House)** Haere mai ki te whare hāpori o Birkdale! Come along to Birkdale house to kōrero Māori - all levels of reo are welcome! Tea & Coffee provided. Email admin@birkdalebeachhaven.org.nz for more information.

WED

10:00-11:00am | **Line Dancing (Birkdale hall).** Line Dancing Class with Pamela. All levels of experience welcome. Free class. Email clifford_pamela@hotmail.com

5.30-6.30pm | **Kai Tahi.** Bring the whānau along to enjoy a free shared meal. Provided in partnership with Life Community Kitchen and Taka Peters.

7:30-9:00pm | **Flute Fun (Birkdale Hall)** For Flute players who love to have fun making music with others! Contact Pene Brawn-Douglas penebd@xtra.co.nz

THUR

9:30am-11:30am | **Birkdale Happy Sewing (Community house).** A friendly group who gather and sew together. All welcome. Sewing machines, tea & coffee provided., \$2 dollar koha

6:30-7:30pm | **West African Drum Class (Birkdale Hall).** Learn how to play Djembe, Dunduns, Shakers and Bells. Beginners are welcome and drums are provided. Check class dates with Dyames dyamesortiz85@gmail.com or phone 0220824270

09:30-11:30am | **Friday Art (Community House)** A friendly non-tutored art group. Bring your own gear. \$3 per class.

FRI

10.00am-12.00pm | **String Along - Ukulele.** A weekly Ukulele jam session. \$3 per person. Bring your instrument and join the fun! Beginners welcome. Music available.

2:30-3:30pm | **Food Together pop up.** Pick up a bag of fresh fruit and Veg for \$15 a bag. Order by Thursday 12pm each week at www.foodtogether.co.nz

SAT

8.00am | **Hiko Tahi - Walking Group.** A weekly walking group leaving from Birkdale House. Check facebook page or email admin@birkdalebeachhaven.org.nz for details.

9am-10am | **Yoga** For healthy Mind & Body koha appreciated. caseystravels@yahoo.com

Nau mai haere mai - a chance to meet new people and try new things!